



To protect against the summer heat: reduced core working hours, mobile working and more

The heat wave is now also reaching Berlin: In order to keep temperature stress at the workplace as low as possible, all proven measures can be used. These include the options offered by the service agreement on flexible working hours, which provides for the option of reduced core working hours. In addition, to escape the heat in the office, mobile working can be agreed with the supervisor,

Those who have to work in the office should make the most effective use of all sun protection and ventilation options: Keep blinds closed even after working hours, use night cooling options, ventilate in the early morning hours and use fans. Unnecessary thermal loads in workspaces should also be consistently avoided, for example by switching off electrical equipment that is not needed.

Observe the 35-degree mark

If a temperature of 35 degrees is reached in work spaces, work should not continue in those spaces. If there is no possibility of relocating the workplace or working on a mobile basis, then work can be terminated after consultation with the supervisor. Moving to cooler offices of colleagues who are free on vacation is also an option.



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Photo: Matthias Heyde

Humboldt-Universität zu Berlin
Unter den Linden 6
10099 Berlin
Deutschland

E-Mail: interne-kommunikation@hu-berlin.de

www.hu-berlin.de