



To protect against the summer heat: reduced core working hours, mobile working and more

According to meteorologists, Berliners can expect high temperatures and even thunderstorms over the next few days. Many colleagues are already suffering from the heated offices. That's why this year, too, the advice is to take all tried and tested measures to keep temperature stress at the workplace as low as possible. This includes the possibility of reducing core working hours - as provided for in the service agreement on flexible working hours. Those who have a cooler work location outside the university buildings can arrange mobile working with his/her supervisor. Moving to colleagues' cooler offices that are free for holidays is also an option to deal with the heat.

Employees who have to work in the office should, in order to reduce the temperature in the rooms, keep blinds closed even after working hours, make use of night cooling options, ventilate in the early morning hours and use fans. To avoid unnecessary thermal loads in the workrooms, electrical devices that are not needed can be switched off. The general tips against heat, such as drinking enough, should not be forgotten.

Observe the 35 degree mark

When the thermometer in the work rooms has reached the 35 degree mark, work should not continue in these rooms. If there is no possibility to relocate the workplace or to work on a mobile basis, work can be stopped after consultation with the supervisor.



[Click here](#) to unsubscribe

Photo: Julia Beier

Humboldt-Universität zu Berlin
Communications, Marketing and Events

Unter den Linden 6
10099 Berlin

E-Mail: interne-kommunikation@hu-berlin.de

www.hu-berlin.de